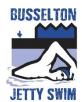
# Busselton Jetty Swim 2024 Swimmer Briefing - Simon's 500m Shortcut Swim



The following information is subject to change Updated 4 February 2024

## Welcome

- The organisers and sponsors welcome you to Busselton Jetty Swim 2024 and to the second ever Simon's 500m Shortcut Swim.
- For an enjoyable and safe event please pay attention to the following:

Today's swimming conditions are: TBA - Weather Briefing for Swimmers to be announced.

## The Course

- The swim starts on the east side of the Jetty and finishes on the west.
- The route is marked with buoys. Head out about 200m and swim around the large buoy, then turn left and go under the Jetty (look out for Simon Seagull signage) and follow the buoys to the finish line.

## **Rolling / Beach Start**

- Please assemble on the beach by 1:15 pm. Beach marshals will direct you to your starting location. Please allow enough time to move into place.
- Self-seeded start if you are faster or more competitive, please head to the front of the waiting area on the beach. If you are slower and don't want to be with the competitive swimmers, please go to the back of the start waiting area.
- At 1:30 pm swimmers will enter the water.
- This is a casual start, and you may line up and swim with your friends or family

## **Timing Bands and Race Number Tattoos**

- Swimmers will be timed and checked-in and out of the swim electronically with a timing band.
- Your time will start recording as you cross the timing mat at the start line.
- Please check NOW that your band is secure on your left wrist and that your race number tattoo is applied and visible. If you do not have your timing band or tattoo, please return to check-in following this briefing.
- Marshalls will be checking for compliance

**Post swim clothing** - If you need a towel or clothing at the end of your swim leg ensure your supporter takes it for you.

#### The Finish

- The finish is marked with a finisher arch.
- Your time will be recorded as you pass through the electronic timing point on the beach.
- Assistance will be available for swimmers having difficulty getting up the beach.
- Please move promptly through the finish area to keep it clear for following swimmers.

- Timing bands must be removed on the finisher ramp. Continue up the ramp for your finisher's medal and through to the recovery area for fruit and water.
- Official swim times will be available at www.busseltonjettyswim.org.au

## Withdrawal - DNF – DNS (did not finish / did not start)

- If you withdraw or decide not to swim you must notify Check-in as soon as possible and return your timing band.
- Safety Considerable effort goes in to maximising the safety of participants in this event.

#### **On-water safety**

- Surf Life Saving (SLS) will be attending to on-water safety. SLS have water craft, personnel, life-saving equipment and radio communications. They are highly trained for this role and will be highly visible.
- They are your first option if you need help in the water; raise your arm to attract attention.
- Tired swimmers may hang on to a ski or a float.
- This event has been granted exclusive use of the waters surrounding the Busselton Jetty for the event. Unauthorized craft and personnel may not enter the swim exclusion zone (within 250m of the Jetty).

#### Evacuation

- The on the water emergency evacuation signals are: 3 short air horn blasts; raised red flags by spotters on the Jetty; and continuous whistles by surf ski paddlers. If you see or hear any of these signals, please exit the swim as directed by SLS personnel.
- There are ladders every 75 metres along the Jetty marked with green feather banners and the landings are marked by large pink buoys.
- Please follow directions given by the SLS personnel on the water or via the public address system on land. The emergency muster area is the amphitheatre in front of the main stage, west of the Jetty.

#### Stingers

Concerned swimmers should be prepared and take personal measures for protection such as wearing a rash vest or applying stinger cream. If stung, please see a Surf Life Saver on the beach or the first aid team at the medical tent near the recovery area.

#### **First Aid**

There will be a first aid post adjacent to the recovery area. If you need help, please go there.

#### Fluid and energy replacement

Water and fresh fruit are available at the finish.

#### Sun

Please use sunscreen, which is available at the Healthway Fuel to Go & Play marquee in the amphitheatre. Wear hats; cover up and seek out shade.

#### Smoking, alcohol, drugs

Busselton Jetty Swim is a non-smoking (including vaping and e-cigarettes), alcohol free and drug free event.

#### Personal responsibility

- This is an ocean swim. You swim in an uncontrolled, natural environment. The weather, sea conditions, sea life, your own exertions and other factors introduce an element of risk. The organisers go to considerable lengths to keep you safe but ultimately it is your choice to swim today. Your welfare is your personal responsibility or the responsibility of your legal guardian.
- If you are not officially entered in Simon's 500m Shortcut please do not swim while the event is in progress.

Further Information - Please ask one of the event crew in the Green Crew shirts.