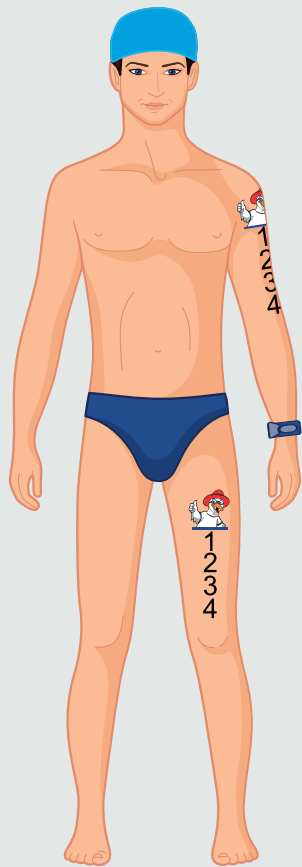


SWIMMER IDENTIFICATION



LEFT SIDE

Arm Tattoo

Timing band

Leg Tattoo

EVERY swimmer wears a timing band and a race number tattoo. Swim caps indicating starting wave and team category will be supplied and must be worn at all times during the race.

Swimmers will be required to have their race number tattoo displayed on their front **LEFT THIGH** and **LEFT ARM** at all times during the race.

Race number tattoo vertically on front left thigh (preferred option) AND front left arm. Tattoo may be applied to a wetsuit.

Timing band on **LEFT WRIST**.

CATEGORIES, DISTANCES, START & FINISH POINTS

Swimmer	Distance (approx)	Where do I Start?	Where do I Finish?	Getting to the Start, Exit and Entry
SATURDAY SIMONS 500M SHORTCUT	500m	Beach (east) Starting area	Beach (west) Finish chute	Start swimming at 1:30 pm
KIDS SWIM	222m	Beach, east of the swimming jetty	Beach (west) Finish chute	Swim commences at 2:30 pm
SUNDAY SOLO	3.6km	Beach (east) Starting area	Beach (west) Finish chute	Gold caps start at 8:00 am. All other cap colours rolling start commencing 8:01 am. Swimmer rounds the end of the Jetty. Swim to shore.
2 PERSON RELAY TEAM Swimmer 1	1.4km	Beach (east) Starting area	Allie's Landing	Rolling start after the solo swimmers. Ladder exit.
2 PERSON RELAY TEAM Swimmer 2	2.2km	Allie's Landing	Beach (west) Finish chute	Walk to Allie's Landing (1.4km). Jump or ladder entry. Swimmer rounds the end of the Jetty. Swim to shore.
4 PERSON RELAY TEAM Swimmer 1	1.0km	Beach (east) Starting area	Jetty Platform (east)	Rolling start after the 2 person relay teams. Ladder exit.
4 PERSON RELAY TEAM Swimmer 2	1.0km	Jetty Platform (east)	Underwater Observatory Ramp	Walk to the 1.0km mark. Jump or ladder entry. Swimmer rounds the end of the Jetty. Ladder exit.
4 PERSON RELAY TEAM Swimmer 3	0.6km	Underwater Observatory Ramp	Jetty Platform (west)	Walk to Underwater Observatory Ramp (1.6km). Jump or ladder entry. Ladder exit.
4 PERSON RELAY TEAM Swimmer 4	1.0km	Jetty Platform (west)	Beach (west) Finish chute	Walk to the 1.0km mark. Jump or ladder entry. Swim to shore.
ONE MILE SWIM TO SHORE	1.6km	Underwater Observatory Ramp	Beach (west) Finish chute	Start swimming at 9:30 am. Walk to the Underwater Observatory Ramp (1.6km). Jump or ladder entry. Swim to shore.

SWIM COURSES

- SOLO SWIM** SOLO SWIMMERS start to finish - 3.6 KM
- TWO PERSON TEAM** 2 PERSON TEAMS
- FOUR PERSON TEAM** 4 PERSON TEAMS
- ONE MILE SWIM TO SHORE** ONE MILE SWIM TO SHORE start to finish - 1.6km
- KIDS SWIM** KID'S SWIM start to finish - 222m
- SIMONS 500M SHORTCUT** SIMON'S 500M SHORTCUT

- UNDERWATER OBSERVATORY RAMP**
- 2.0 km mark:
- 2nd RELAY CHANGE OVER for 4 PERSON TEAMS (3rd swimmer start) AND
- START for ONE MILE SWIM TO SHORE

- JETTY PLATFORM WEST**
- 2.6km mark:
- 3rd RELAY CHANGE OVER for 4 PERSON TEAMS (4th swimmer start)

- ALLIES LANDING**
- 1.4 km mark:
- RELAY CHANGE OVER for 2 PERSON TEAMS (2nd swimmer start)

- JETTY PLATFORM EAST**
- 1.0 km mark:
- RELAY CHANGE OVER for 4 PERSON TEAMS

